

Helen Stone

About

Helen Stone trained in contemporary portraiture and paints people but also paints objects if she sees a connection and a tale to tell. She works with found objects too, drawn to their unique frequencies and the richer artistic language they offer.

Her core themes are heritage, loss, connection and disconnection, as well as a fascination with underlying energies and how these spill into the everyday in unexpected ways. Her most recent work considers modern constructs, divine feminine alternatives and new perspectives that come with the gathering of years.

She is a former interiors magazine editor and continues to work on creative editorial projects alongside her art practise. She also runs workshops in Sussex and teaches on the short courses programme at Art Academy London. Her work is held in private collections in Europe and the UK.

Education

2016-18 • Contemporary Portrait Diploma (first class) The Art Academy, London

2019 • City & Guilds Award in Education Training City Lit, London

And previously...

BA (Hons) Graphic Design, specialising in illustration (2:1)

School of Art and Design, UWE, Bristol (*formerly Bristol Polytechnic*)

Art & Design Foundation Middlesex University (*formerly Middlesex Polytechnic*)

Awards

LSM Art Award 2018-19

One of seven artists selected from Art Academy and The Slade as part of this inaugural award from Liberty Specialty Markets in conjunction with newplatform.art

*WINNER Expert Panel Vote

Exhibitions & Events

2026

Sept 25-Aug 26 • Liberty Specialty Markets 20 Fenchurch Street, London EC3M 3BY

Two paintings on show in the offices of this prestigious specialty insurer in London's iconic 'Walkie Talkie' building.

Feb • Holding Still, TriptychBankside, London SE1. Art Academy tutors show.

2025

July • GazaGazaGaza, Studio1.1, London E2. Group show

June • Pieces of Me, Art Works East, London E10. Group show

May • Art Academy Gallery, Triptych Bankside, London. Group show and auction

April • Paintings from SussexPAOTY, Oxmarket, Chichester

Mar • Sussex Portrait Artist of the Year, finalist

Mar • Self Portraits, online at [Cista Arts](#)

Mar • Sussex Contemporary Meander: Land + Water, Marine Workshops, Newhaven.
Group show

2024

Nov • **A Letter in Mind, Gallery Different, London**

Oct • **Past, Present, Future, Art Academy tutors group show, London**

2023

Nov • **A Letter in Mind, Gallery Different, London**

Oct • **Sussex Contemporary 2023 , i360 Brighton.** Juried show

May • **Art Academy London auction, Christies**

2022

Dec • **Memory & Identity, online at [Cista Arts](#)**

Nov • **A Letter in Mind, Gallery Different, London**

2021

Nov • **A Letter in Mind** (online) Charity sale for The National Brain Appeal

June-Sept • **National Trust Standen** Portrait on show with *The Joy is in the Making* exhibition

2020

Aug 20-Sept 21 • **Paper Trail, Maidstone Museum**

Collaboration and response project with Appletye.org

• **Healthcare Heroes** (online at Google Arts & Culture)

+ featured in *Portraits for NHS Heroes* book, Bloomsbury

Nov • **NPA Lab 2020** (online). Selected for a collaborative project by newplatform.art

Nov • **A Letter in Mind** (online) Charity sale for The National Brain Appeal

Sept-Dec • **Society of Women Artists Annual Open Exhibition** (online). Two paintings selected for this juried show

Sept • **Part of You, Winchester Gallery.** Work selected by curator Kexin Zhou

2019

Nov • **ING Discerning Eye 2019, Mall Galleries, London.** Work selected by Kwame Kwei-Armah

June-Aug • **E17 Art Trail** Open House followed by extended show at **Vestry House Museum, London**

May • **Oxted Art Fair, Surrey**

• **LSM Art Award 2018-2019** Work on show at 20 Fenchurch Street for one year.

2018

Dec • **155a Gallery Winter Fair, Dulwich.** Group show

Nov • **Sisters & Friends, King's Road, London.** LondonCP8 group show

Aug • **Denbies Vineyard, Dorking.** Group show

July • **Example on Tour, Oxmarket.** Chichester. Group show

July • **Grad Show, Former Newington Library, London**

Feb-April • **National Trust Standen.** Solo show of portraits of volunteers in conjunction with National Trust

2017

Sept • **Exposed, Islington Arts Factory, London.** Group show with LondonCP8

July • **Pintar Rapido, Chelsea Old Town Hall, London.**

July • **Exhibit Here Summer Open, Menier Gallery, London**

See more at...

www.helenstoneart.com

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